




















# Autumn/Winter Menu **Week 2**

27<sup>th</sup> Oct, 17<sup>th</sup> Nov, 8<sup>th</sup> Dec, 5<sup>th</sup> & 26<sup>th</sup> Jan, 16<sup>th</sup> Feb, 9<sup>th</sup> March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
<b>Main Meal</b>	Pork Sausage with Mash Potato & Gravy	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Whole meal Margherita Pizza & Home-baked Potato Wedges 	MSC Battered Pollock with Chips
<b>Vegetarian Main Meal</b>	Vegetarian Sausage with Mashed Potato & Gravy	Plant Based Pasta Bolognese & Garlic Bread 	Vegetable Casserole, Yorkshire Pudding & Roast Potatoes 	Whole meal Margherita Pizza & Home-baked Potato Wedges 	Cheesy/ Tomato & Basil Pasta with Chips
<b>Halal Main Meal</b>	Halal Chicken Sausage with Mashed Potato & Gravy	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Whole meal Margherita Pizza & Home-baked Potato Wedges 	MSC Battered Pollock with Chips
<b>Vegetables</b>	Broccoli & Sweetcorn 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
<b>Sandwiches, Rice &amp; Pasta</b>	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham / Sunny Rice / Pasta with Cheese or Tomato & Basil Sauce				
<b>Baked Jacket Potatoes</b>	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese Salmon Mayo or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Salmon Mayo Cheese, or Beans 
<b>Dessert</b>	Shortbread & Fruit Slices <sup>VG</sup> 	Chocolate Fudge Cake	Apple Crumble <sup>VG</sup> & Custard 	Flapjack <sup>VG</sup>	Chocolate Brownie

Available Daily: Pick & Mix Selection, Salad & Fresh Bread

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan VG
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**England's target for 'free sugar' intake for your child**  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.