


















Autumn/Winter Menu Week 1

10th Nov, 1st & 22nd Dec, 19th Jan, 9th Feb, 2nd & 23rd March



WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal	Red Tractor Pork Sausage Roll & Baked Potato Wedges	Beef Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Roast Chicken, Gravy, Stuffing & Mashed Potato or Roast Potatoes	Whole meal Tomato & Cheese Pizza & baked Potato Wedges 	MSC Fish Fingers, Chips & Ketchup
Vegetarian Main Meal	Macaroni Cheese	Plant Based Mince Pasta Bolognese 	Quorn Grill, Gravy, Stuffing with Mashed or Roast Potatoes 	Cheesy Egg Muffin & baked Potato Wedges 	Vegetable Fingers, Chips & Ketchup
Vegetables	British Red Tractor Garden Peas, Sweetcorn 	Mixed Salad or Broccoli 	Greens beans & Carrots 	British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Halal Main Meal	Halal Chicken Sausage Roll & Baked Potato Wedges	Halal Beef Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Halal Roast Chicken, Gravy, Stuffing & Mashed Potato or Roast Potatoes	Whole meal Tomato & Cheese Pizza & baked Potato Wedges 	MSC Fish Fingers, Chips & Ketchup
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham / Sunny Rice / Pasta with Cheese or Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese Salmon Mayo or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo, or Beans 
Dessert	Vanilla Shortbread with Fruit	Chocolate & Pear Crumble with Custard	Strawberry Jelly	Oaty Cookie	Vanilla Ice cream

Available Daily: Pick & Mix Selection, Salad & Fresh Bread








England's target for 'free sugar' intake for your child
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.