

Autumn / Winter 2019 School Lunch Menu


Monday		Tuesday		Wednesday		Thursday		Friday		
WEEK 1	Toad in the Hole Creamed Potato		Winter Chicken Casserole Boiled Potatoes		Roast Pork Roast Potatoes		Minced Beef and Onion Pie Creamed Potato		Battered Fish Fillet  Chips with Tomato Ketchup	
	Pasta Bolognese (vegetarian option available)		Margherita Pizza ✓ With Half Jacket Potato		Tuna Melt Roast Potatoes		Tomato and Basil Pasta ✓		Vegetable Curry Wholegrain Rice ✓	
	Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches	
	Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)	
	Cauliflower Mixed Vegetables	Salad Selection	Broccoli Spaghetti Hoops	Salad Selection	Savoy Cabbage Sweetcorn	Salad Selection	Green Beans Carrots	Salad Selection	Garden Peas Baked Beans	Salad Selection
Ginger Sponge with Vanilla Sauce		Fruity Flapjack With Apple Slices		Chocolate Sponge with Chocolate Sauce		Jam Sponge with Custard		Oaty Biscuit with Fruit Wedges		

Week commencing— 4th November, 25th November, 16th December, 6th January, 27th January, 24th February, 16th March.


✓ Vegetarian
 MSC Certified

Drinking water will be served with every meal.

A selection of bread will be available on a daily basis.

Monday		Tuesday		Wednesday		Thursday		Friday		
WEEK 2	Beef and Tomato Meatballs In Tomato Sauce with Pasta		Chicken Tikka Wholegrain Rice		Roast Turkey Roast Potatoes		Minced Beef served in a Yorkshire Pudding Creamed Potatoes		Fish Fingers  Chips with Tomato Ketchup	
	Mac and Cheese ✓		Wholemeal Pizza Slice ✓ Half Jacket Potato		Vegetable Casserole with Dumplings ✓ Roast Potatoes		Cheese Pie ✓ Homemade Jacket Wedges		Vegetable Fajita ✓ Chips	
	Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches	
	Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)	
	Garden Peas Carrots	Salad Selection	Spaghetti Hoops Green Beans	Salad Selection	Cauliflower Mixed Vegetables	Salad Selection	Broccoli Sweetcorn	Salad Selection	Garden Peas Baked Beans	Salad Selection
Hot Chocolate Fudge Cake with Custard		Cornflake Tart with Custard		Shortbread with Fruit Wedges		Feathered Jam Sponge with Custard		Ginger and Mandarin Muffin		

Week commencing— 11th November, 2nd December, 13th January, 3rd February, 2nd March, 23rd March.

Monday		Tuesday		Wednesday		Thursday		Friday		
WEEK 3	Breaded Chicken Breast Homemade Potato Wedges		Cottage Pie		Pork Loin Steak		Homemade Chicken Pie Creamed Potato		Fish Fingers  Chips with Tomato Ketchup	
	Mince with Dumplings (vegetarian option available) Homemade Potato Wedges		Cheesy Margherita Pizza ✓ Half Jacket Potato		Omelette ✓ Roast Potatoes		Veggie Sausage Pasta in Mild Arrabbiata Sauce ✓		Vegetable Enchilada ✓ Chips	
	Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches		Selection of Sandwiches	
	Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)		Jacket Potato (selection of fillings)	
	Sweetcorn Carrots	Salad Selection	Broccoli Spaghetti Hoops	Salad Selection	Cauliflower Garden Peas	Salad Selection	Mixed Vegetables Savoy Cabbage	Salad Selection	Garden Peas Baked Beans	Salad Selection
Apple Crumble with Custard		Lemon Slice with Milk		Chocolate Crunch with Custard		Marble Sponge served with Custard		Crunchy Biscuit with Apple Slices		

Week commencing— 18th November, 9th December, 20th January, 10th February, 9th March, 30th March

**Eat Well,
Learn
Well**

