



## Sport and PE Grant

The PE and Sport Premium monies are to be used to fund additional and sustainable improvements to the provision of PE in sport for the benefit of pupils. We believe a positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

### **Aim:**

It is the aim of Barnes Infant Academy to provide experiences that engage pupils in regular physical activity and promote lifelong enjoyment, encouraging the foundations for an active healthy lifestyle.

### **Funding Allocation:**

In 2018 – 2019, Barnes Infant Academy has received a total of £17,790 of the Sport and PE Grant each year. The Academy spent this allocation on:

Item/project	Cost	Objective	Success criteria
PE Apprentice (including Continuing Professional Development Costs)	£7,425	Provide young people with challenges and new experiences by allowing them to be creative, active and have fun	<ul style="list-style-type: none"> <li>• Increased awareness and understanding of healthy lifestyles</li> <li>• Promotion of social interaction and cooperation</li> <li>• Upskilling of Academy staff to improve quality of Physical Education</li> </ul>
Swimming Lessons (Year Two)	£3,450	Children to be taught using the British Gas ASA Learn to Swim Pathway to help promote safety in the water.	<ul style="list-style-type: none"> <li>• Participation in activity (swimming/football/tennis/yoga) increased</li> <li>• Children are able to enjoy water safely (swimming)</li> <li>• Performance levels improved</li> <li>• Development of physical skills and aptitudes</li> <li>• Extension of communication skills</li> <li>• Promotion of personal and social welfare</li> <li>• Support development of healthy musculoskeletal tissues (i.e. bones, muscles and joints);</li> <li>• Support development of a healthy cardiovascular system (i.e. heart and lungs);</li> </ul>
Football (Reception, Year One and Year Two)	£2,885	Children taught ball skills by SAFC Coach to improve coordination and gross motor skills	
Yoga (Reception, Year One and Year Two)	£3,000	Children are taught yoga, which is a form of exercise that focuses on strength,	

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		flexibility and breathing to boost physical and mental wellbeing.	<ul style="list-style-type: none"> <li>Support development of neuromuscular awareness (i.e. coordination and movement control)</li> <li>Greater sense of personal well-being and mindfulness</li> </ul>
Dance Workshops	£250	To promote participation in a variety of forms of physical exercise.	<ul style="list-style-type: none"> <li>Dance workshops for whole school led by qualified Dance instructor</li> <li>Development of co-ordination, agility and stamina</li> </ul>
Improvements to outdoor environment	£780	To develop the outdoor environment to increase physical activity helping develop muscles, heart and lungs and improve balance, coordination and control.	<ul style="list-style-type: none"> <li>Access to outdoor play increased</li> <li>Children learn about and manage risk independently</li> <li>Increased likelihood of children staying fit and active in the future</li> <li>Physical development improved</li> <li>Gross motor skills developed</li> <li>Promotion of social interaction and cooperation</li> <li>Increased awareness and understanding of healthy lifestyles</li> <li>Extension of communication skills</li> </ul>
<b>TOTAL</b>	<b>£17,790</b>		

In 2019-2020 the Academy anticipates to receive funding of £17,790 and plans to spend the grant on:

- Swimming Lessons for Year Two
- Football Coaching
- Yoga
- Continuous Professional Development for staff
- Sourcing additional opportunities to extend and further develop PE skills
- Dance
- Involvement in School based Olympic celebration linked to Tokyo 2020

#### Monitoring and Review:

Standards of attainment and achievement will continue to be monitored and reviewed as part of the Academy's self-evaluation processes.

#### Impact of 2018-2019 spend:

- 100% of children accessed a weekly football session for at least one term leading to improved motor skills development in 2019
- 100% of Year Two children accessed 10 weeks of swimming lessons becoming more confident and proficient in the water in 2019.

- 94% of children in Reception achieved the expected standard or above in moving and handling in 2019 (89% National in 2019) and 97% of Reception children achieved the expected standard in health and self-care in 2019 (91% National in 2019).
- 29% of Reception children exceeded the expected standard in moving and handling in 2019 (18% National in 2019) and 34% exceeded in health and self-care in 2019 (20% National in 2019).
- 95% of children in Year One achieved the expected standard in PE or above in 2019
- 95% of children in Year Two achieved the expected standard in PE or above in 2019

**Sustainability:**

- Continue to promote sport participation and healthy lifestyles throughout the curriculum
- Continue to establish and maintain a network of partnerships with local community sports clubs
- Continue to be committed to a programme of CPD for all staff and actively respond to CPD needs
- Review providers annually to ensure value for money
- Develop and embed a lifelong habit of daily physical activity e.g. The Daily Mile